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## **TOTAL HIP ARTHROPLASTY: DIRECT ANTERIOR APPROACH**

PRIMARY & REVISIONS

### INPATIENT NURSING PROTOCOL

Last Revised: JAN 2014

1. ACTIVITY: UP OUT OF BED TO CHAIR AT LEAST TID W/ MEALS
2. WB STATUS: GENERALLY WBAT w/ walker
  - a. REVISIONS MAY BE TOE-TOUCH DUE TO BONE LOSS
3. ANTERIOR Hip precautions based on approach used
4. Rapid rehab protocol includes multi-modal pain management: scheduled non-narcotic analgesics, minimal narcotic use, regional anesthesia, Exparel & avoidance of PCA pumps.
5. Knee-high TED hose to bilateral LEs at all times x 4 wks
6. SCDs to bilateral LEs at all times while in the hospital
7. Dressings:
  - a. DRAIN OUT ON POD1, PLACE STERILE 4X4 & TEGADERM, CHANGE PRN
  - b. DO NOT REMOVE AQUACEL: WATER-PROOF, SHOWERS OK, NO BATHS
    - i. CALL IF: > 60% STRIKE-THROUGH OR BROKEN SILICONE SEAL
    - ii. WILL BE REMOVED IN MY OFFICE AT POW2 VISIT (ALONG WITH STAPLES)

If you have any other questions or concerns please call my clinic.

Sincerely,

A handwritten signature in blue ink, appearing to read "J. Lowry", with a stylized flourish at the end.

Dr. Jason K. Lowry, MD FAAOS