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Dr. Lowry's Post-Op Instructions Hip Antibiotic Spacer for Infection

Patient:

1. To decrease the risk of a blood clot, you will be given compression stockings & prescribed aspirin
 - a. ECASA 325mg T PO Qday x 3 wks
 - b. Knee-high compression hose x 4 wks
 - c. If you are at higher risk, then you will be given either Xarelto or Lovenox.
2. To improve your bone strength, you will be prescribed Vitamin D & Calcium supplements.
3. Dressings: leave the aquacel dressing on (it's waterproof); it will be removed in my office at your first appointment in two weeks. Call if: >60% drainage OR the silicone seal is broken on the aquacel dressing. No bathing or swimming for 4 wks after surgery. The drain site dressing will need to be changed each time you shower. Immediately dab your incision dry, apply a thin layer of Neosporin ointment, place a new bandage & replace the compression stockings. Wear a pair of spandex bike shorts. This will help keep your incision compressed & less likely to develop a hematoma (fluid collection that could cause wound complications or an infection).
4. Apply two properly sealed ice packs to your hip dressings for 72 hours after your surgery. This will help with your pain.
5. Use your walker for **Partial Weight-Bearing** on your operative leg. The antibiotic spacer is not strong enough (nor is the infected bone) to hold your body weight.
6. Your antibiotics will be managed by your infectious disease physician, usually for 6 weeks.
7. We will plan for re-implantation of your new hip in 8 weeks if your infection labs improve.
8. Please make an appointment to see me 14 days after your surgery for a wound check & likely removal of your sutures or staples.

If you have any other questions or concerns please call my clinic.

Sincerely,

A handwritten signature in blue ink, appearing to read "J. Lowry", with a stylized flourish at the end.

Dr. Jason K. Lowry, MD FAOS