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DATE:



ARLINGTON ORTHOPEDIC
ASSOCIATES, P.A.

LIFE IN FULL MOTION

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Mansfield, TX 76063
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DR. LOWRY'S DVT/PE PROPHYLAXIS PROTOCOL

My Golden Rule for DVT Prevention: "Early, safe, frequent mobilization of the patient is the most important factor for prevention of a DVT."

1. ECASA 81mg PO BID x 30 days
 - Alternatively, ECASA 325MG PO QDAY X 30 DAYS
 - Higher risk: Xarelto 10mg QD or Lovenox 40mg SQ QDay x 30 days (based on CrCL)
2. Knee-high TED Hose to bilateral LEs x 4wks
3. SCDs to bilateral LEs while in the hospital
 - Portable SCDs x 30 days at home may be added to my protocol once available in the future.
4. If you were on an anticoagulant prior to your surgery, then this will be restarted & will take the place of the above regimen
5. **DO NOT** combine these strong anticoagulants as this will put you at risk for wound complications & ultimately infection.

Examples of strong anticoagulants:

- plavix or clopidogrel
- coumadin or warfarin
- aspirin or ECASA
- eliquis or apixaban
- xarelto or rivaroxaban
- pradaxa or dabigatran

PLEASE CALL MY OFFICE IF YOU HAVE ANY QUESTIONS: 817-375-5280

Dr. Jason K. Lowry, MD FAAOS